



Valor 4 Vet Record Review/ Medical Opinion Service Checklist

The following evidence is recommended prior to starting a Record Review/Medical Opinion service with Valor 4 Vet.

#	Description	Date Complete
1	Register for Portal access at Valor 4 Vet.	
2	Have a diagnosis by an MD, DO, Nurse Practitioner, Physician Assistant, Psychologist with a Ph.D./Psy.D. or Audiologist for the claimed condition.	
3	Upload medical records to Valor 4 Vet Portal showing the diagnosis for the claimed condition including tests such as labs, Xrays, or MRIs.	
4	Upload documents showing all current medical diagnosed conditions.	
5	Upload a list of current prescribed medications.	
6	Upload a document showing dates of service, such as a DD214.	
7	<p>Service Treatment Records (STRs) are important if a veteran is claiming a condition directly related to military service:</p> <p><input type="checkbox"/> Upload STRs to Valor 4 Vet Portal.</p> <p style="text-align: center;">--or--</p> <p>If the veteran has never filed for service connection before:</p> <p><input type="checkbox"/> Submit an SF180 to the National Archives for service treatment records.</p> <p><input type="checkbox"/> Upload service treatment records to Valor 4 Vet Portal.</p>	
8	<p>Personal statements about the claimed condition are important. This tells the story to the VA and Medical Experts.</p> <p><input type="checkbox"/> I have completed one medical statement for each medical condition I am claiming using Valor 4 Vet's online form: https://www.valor4vet.com/statement-in-support-of-claim</p> <p><input type="checkbox"/> My spouse, partner, or other service member who witnessed symptoms or an event about the condition has completed a statement using Valor 4 Vet's online form: https://www.valor4vet.com/statement-in-support-of-claim</p>	
9	The VA wants to see that the claimed condition is a chronic condition. If the veteran is missing medical treatment records causing a gap of 5 or more years of treatment for the medical condition, provide a separate personal statement about an attempt to obtain the medical records.	

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9 (Cont)	If the veteran uses the Valor 4 Vet template listed above, the attempt will be documented from step 8 above and another statement is not necessary.	
10	Upload documents showing all current service connections and percentages to the Valor 4 Vet Portal.	
11	If previously denied, upload the complete decision letter which explains why the claim was denied to the Valor 4 Vet Portal.	
12	Valor 4 Vet does not give legal advice or assist with filing the actual paperwork for claims. Working with an Accredited VA Attorney, Agent, or Organization is <i>*highly*</i> recommended.	
13	<p>Claims regarding PTSD:</p> <p>If the veteran is currently service connected for PTSD and is trying for an increase:</p> <p><input type="checkbox"/> Upload the most recent C&P Disability Exam performed by a Psychologist or Psychiatrist.</p> <p><input type="checkbox"/> Upload mental health treatment records from the last 9 months of treatment.</p> <p style="text-align: center;">--or--</p> <p>If the veteran is not currently service connected for PTSD. The VA mandates that the initial PTSD DBQ or Disability Exam is performed by the VA.</p> <p><input type="checkbox"/> Having a Medical Opinion and/or a Disability Exam from Valor 4 Vet will help support a veteran's claim despite VA mandates. For example, if a VA Mental Health Medical Expert has doubts about a claim, having another Psychologist's opinion and perspective may help the VA Mental Health Medical Expert rationalize their medical opinion.</p> <p><input type="checkbox"/> An established diagnosis for PTSD by a Psychologist or Psychiatrist is required.</p> <p><input type="checkbox"/> Upload mental health treatment records from the last 9 months of treatment.</p>	
14	After the above tasks have been completed, proceed with a record review by signing into the Valor 4 Vet Portal and click on "Order Record Review" under the Dashboard tab.	