



Valor 4 Vet Record Review/ Medical Opinion Service Checklist

The following evidence is recommended prior to starting a Record Review/Medical Opinion service with Valor 4 Vet.

#	Description	Date Complete
1	Register for Portal access at Valor 4 Vet.	
2	Have a diagnosis by an MD, DO, Nurse Practitioner, Physician Assistant, Psychologist with a Ph.D./Psy.D. or Audiologist for the condition I wish to claim.	
3	Upload medical records to Valor 4 Vet Portal that show the diagnosis for the condition I am claiming to include testing done for the condition such as xrays or MRIs.	
4	Upload documents showing all my current diagnosed conditions.	
5	Upload a list of current medications you are prescribed.	
6	Upload a document showing your dates of service, such as a DD214.	
7	<p>Service Treatment Records are important if you are claiming a condition directly related to military service:</p> <p style="padding-left: 40px;"><input type="checkbox"/> Upload service treatment records to Valor 4 Vet Portal.</p> <p style="text-align: center;">--or--</p> <p>I have filed for service connection before or am currently service connected:</p> <ul style="list-style-type: none"> • My service treatment records are in my claims file with the VA. <ul style="list-style-type: none"> <input type="checkbox"/> Upload claims file to Valor 4 Vet Portal. <p style="text-align: center;">--or--</p> <p>I have never filed for service connection before:</p> <ul style="list-style-type: none"> • I do not have my service treatment records. • I submitted an SF180 to the National Archives for my service treatment records. <ul style="list-style-type: none"> <input type="checkbox"/> Upload service treatment records to Valor 4 Vet Portal. 	
8	<p>Personal statements about the condition you are wanting to claim are important. This tells your story to the VA as well as to our Medical Experts.</p> <p style="padding-left: 40px;"><input type="checkbox"/> I have completed one medical statement for each medical condition I am claiming using Valor 4 Vet's online form here: https://www.valor4vet.com/statement-in-support-of-claim</p> <p style="padding-left: 40px;"><input type="checkbox"/> My spouse, partner, or other service member who witnessed symptoms or an event about the condition has completed a statement using Valor 4 Vet's online form here: https://www.valor4vet.com/statement-in-support-of-claim</p>	
9	<p>The VA wants to see that your condition is a chronic condition. If you are missing medical treatment records causing a gap of 5 or more years of treatment for the medical condition, provide a separate personal statement about your attempt to obtain the medical records.</p> <p>If you use our template, it will be documented from step 8 above and another one is not necessary.</p>	
10	Upload documents showing my current service connections and percentages to Valor 4 Vet Portal.	



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11	If previously denied, upload the complete decision letter which explains why I was denied for the claim to Valor 4 Vet Portal.	
12	<p>Valor 4 Vet does not give legal advice or assist with filing the actual paperwork for your claim. Working with an Accredited VA Attorney, Agent, or Organization is *highly* recommended.</p> <p><input type="checkbox"/> I understand that I should discuss my claim with an Accredited Representative because Valor 4 Vet does not offer these services</p>	
13	<p>If claiming PTSD:</p> <p>I am currently service connected for PTSD and am trying for an increase:</p> <p><input type="checkbox"/> I have uploaded the last DBQ or Disability Exam performed by a Psychologist or Psychiatrist.</p> <p><input type="checkbox"/> I have uploaded mental health treatment records from the last 9 months of treatment.</p> <p>--or--</p> <p>I am not currently service connected for PTSD:</p> <p><input type="checkbox"/> I understand that the VA mandates that the initial PTSD DBQ or Disability Exam is performed by the VA.</p> <p><input type="checkbox"/> I understand that having a Medical Opinion and/or a Disability Exam from Valor 4 Vet will help support your claim despite VA mandates. For example, if a VA Mental Health Medical Expert has doubts about your claim, having another Psychologist's opinion and perspective may help the VA Mental Health Medical Expert rationalize their medical opinion.</p> <p><input type="checkbox"/> I have an established diagnosis by a Psychologist or Psychiatrist.</p> <p><input type="checkbox"/> I have uploaded mental health treatment records from the last 9 months of treatment.</p>	
14	<p>I have completed all the above tasks. I am ready to proceed with a record review. Visit our website. Click on "Registered Clients" and follow the steps to order and pay for the record review you chose.</p>	
After the Medical Opinion is Completed		
15	<p>Valor 4 Vet Offers Face to Face DBQs or Disability Exams.</p> <p>I have reviewed their traveling schedule and made an appointment for a face to face evaluation(s) for the conditions I am claiming.</p>	
16	<p>Valor 4 Vet Offers Online DBQs or Disability Exams.</p> <p>Complete an online DBQ if you are claiming:</p> <p><input type="checkbox"/> Chronic Fatigue Syndrome</p> <p><input type="checkbox"/> Erectile Dysfunction</p> <p><input type="checkbox"/> Esophageal Conditions</p> <p><input type="checkbox"/> Headaches/Migraine Headaches</p> <p><input type="checkbox"/> Sleep Apnea</p>	

Please reach out if you have any questions about the recommended documents.